

## HOME AND HAVEN



And then there was light

IF YOUR BEDROOM
HAS LOW LIGHT AND
FEELS DARK AND
GLOOMY, TRY ADDING
MIRRORS NEAR LAMPS
AND LIGHT FITTINGS.
THEY'LL REFLECT
THE LIGHT AND
MAKE YOUR ROOM
LOOK BRIGHTER AND
SPACIALIS





Clinging to the past disturbs peace in the present. Keeping objects out of obligation or reluctance to let go is an issue. If you have furnishings or artwork that you fought your family member to obtain, or won in divorce proceedings, evaluate the energetic cost of keeping such things.



#### **O GARDENING HACK**

When it comes to planters, simply opting for glazed pots instead of traditional terracotta ones can improve your household water efficiency. Unglazed terracotta is very porous, so your plants tend to lose a lot of water if they're potted in them. However, with a glazed one, you can contain more water and see your plant reap the happfits.

# AN ILLUSION OF SPACE

Your tiny bathroom space can be elegant, practical and with the right knowhow, it can be space-efficient



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very bathroom has to satisfy certain needs including basics such as the sink, shower or bathing area, and the toilet. No matter how small the space is. these things are a must to be shoved in. One can make a small bathroom look strikingly bigger with neutral **colours** which create a feeling of never-ending space. When you have a bathroom with space constraints, it can be a task to create a highly functional space that also looks good. Don't let a limited footprint impact on your creative flair. Here are a few ideas to optimize your tiny space:

ALLPAPER ALWAYS MAKES A
STATEMENT IN ANY ROOM. DISTRACT
FROM THE SIZE WITH FEATURE
WALLPAPER AND OPT FOR A UNIQUE, BOLD OR
INTERESTING PRINT TO MAXIMIZE THE IMPACT
IN A SMAIL SPACE LIKE THIS

ake it appear larger with mirrors.
Transform the look and feel of your bathroom with mirrors, as they reflect light and create the impression of space.
Whether you go for adventurous mirrored tiles or opt for the option of hanging a mirror on the wall, the reflection is guaranteed to brighten your bathroom.

RICK THE EYE WITH TILES AS THE AMOUNT OF SPACE YOU HAVE AND WHAT THE EYE PERCEIVES AREN'T NECESSARILY THE SAME THING. HERE ONE CAN PLAY WITH THE BOUNDARIES OF PERCEPTION BY TILING THE WALL AND THE SIDE OF YOUR BATH WITH THE SAME DESIGN

B e smart with furniture. Make the most of space and opt for a tailboy-unit that reaches up to the ceiling for maximum storage or pick a mirrored unit which will give the illusion of space to a compact bathroom.





#### Do's

- GO FOR WHITE ON WHITE This noncolour - color naturally retreats, making the space look bigger. It also reflects all the available light, rather than absorbing it.
- KEEP CONTRASTS LOW STICK TO A
   LIMITED COLOUR PALETTE THAT CONNECTS
   WITH YOUR BATHROOM AS A WHOLE. THIS
   WAY YOUR PAINT COLOUR WILL UNITE THE
   WALLS, FLOORS, FITTINGS AND TILES.



- CLUTTERED PAINT JOB Decorative paint job or wallpaper on every wall can make the bathroom seem crowded.
   Opting for clean and simple paint will instantaneously make it appear larger.
- DON'T ACCESSORIZE TOO MUCH Avoid cluttering the bathroom. Use accessories that have multiple purposes such as storage options that also look pretty.

### STORE YOUR SPICES IN STYLE



o dish is complete without the basic salt and pepper. Be it any cuisine, spices are the most integral part that holds the whole dish together. However, their structure and composition makes them hard to store. These powder items need to be stored in airtight containers to help repel moisture for longevity. Here are a few ideas to help you store your spices neatly and elegantly:

MAGNETIC JARS: These jars are made with a magnetic base and a glass lid on top. These have a shaker top that can allow an easy outflow of the required amount of spice. You can opt for colourful magnetic jars to create a smooth array of spice holders. They can easily cling on your fridge or any other metallic accessory for further space saving.

MASON JARS: MASON JARS ARE AN EASY WAY TO STORE ANYTHING AND EVERYTHING. THESE JARS ARE AIRTIGHT AND HELP TO KEEP MOISTURE AT BAY. THIS INCREASES THE LIFE OF SPICES AND THUS MAKES THEM A PART OF YOUR KITCHEN FOR LONG.

#### SPICE RACK INSIDE A CABINET DOOR: This

innovative idea will help to organise these minute items effectively in the cabinets without occupying much space. Cabinet doors are always less utilised as more attention is laid on cabinet storage. These cabinet doors are fitted with metallic handles that hold the whole thing together.

A SPICE GARDEN: Why look for powdered spices when you can grow them fresh in your garden?
Many items including pepper both black and white, cardamom, mint, coriander, vanilla and even cocoa can be grown in a home spice garden.